

--12. A composition comprising:

- (1) sucrose;
- (2) fructose;
- (3) pectin;
- (4) UTH extract; and
- (5) water.--

--13. A composition having proanthocyanidin content between about 10 mg and about 60 mg per 8 oz. comprising:

- (1) sucrose;
- (2) fructose;
- (3) pectin;
- (4) UTH extract; and
- (5) water,

wherein the ratio of sucrose: fructose: pectin is about 43 to about 53: about 43 to about 53: about 3 to 5, respectively by weight.--

--14. The composition of claim 13, further comprising one or more flavor agents.--

--15. The composition of claim 14, further comprising one or more juice concentrates.--

--16. The composition of claim 15, further comprising one or more vitamins or vitamin sources.--

--17. A method of making a composition comprising combining:

- (1) sucrose;
- (2) fructose;
- (3) pectin;

(4) UTH extract; and

(5) water,

wherein the ratio of sucrose: fructose: pectin is about 43 to about 53: about 43 to about 53: about 3 to 5, respectively by weight.--

--18. The method of claim 17, further comprising combining one or more flavor agents.--

--19. The method of claim 18 further comprising combining one or more juice concentrates.--

--20. The method of claim 19, further comprising combining one or more vitamins or vitamin sources.--

--21. The method of any of claims 17-20, further comprising combining one or more sweetness enhancers. --

--22. The composition of any of claims 5-9, further comprising UTH extract.--

--23. The method of any of claims 17-21, wherein the composition has a brix value of less than about 12.--

--24. The composition of any of claims 1-4, wherein the composition has a brix value of less than about 12.--

--25. The composition of any of claims 11-16, wherein the composition has a brix value of less than about 12.--

--26. A composition comprising:

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Page : 4

Attorney's Docket No.: 00414-062001

- (1) 10-20% by weight, cranberry juice;
- (2) sucrose;
- (3) fructose;
- (4) pectin;
- (5) UTH extract; and
- (6) water,

wherein the ratio of sucrose: fructose: pectin is about 43 to about 53: about 43 to about 53: about 3 to 5, respectively by weight, and wherein the composition has a brix value of 8 to 10, has 90 calories per 8 ounce serving, has 25 to 60 milligrams of proanthocyanidins per 8 ounce serving, and is free of artificial sweeteners.